

Are you happy with your life?

THE COMPLETELY HUMAN CENTRE

**A Unique, Safe Space for You to be Yourself.
Open. Honest and Free.**

Services Offered:

- Option of Life Enhancing discussions
 - Work-life balance
 - Relationships
 - Business systems & support
 - Referral Consultations with various practitioners, therapists, counsellors or healers
 - Free time (reading & coffee)
 - Meet like-minded individuals
 - Social Activities eg Walking & Dinner Groups
 - Coaching and consultations
 - Meditation Sessions
- And more...

Centre is open every Monday from 9am -12 noon.
And Thursdays evenings 6 pm - 8.30 pm
30 Minute Bookings essential.
Free first consultations.

Contact Heidi on 0400 049 813 or email
heidi@completelyhuman.com.

Venue: Cambridge Conference Centre, 350 Cambridge Street,
Wembley



Events within the Completely Human Centre



MEDITATION CLASSES

Facilitated by Lara Farrow - Spirited Development
Every Monday from 1.00 – 2.00 pm

Cost: \$10.00 per person

Learn to meditate in a supportive, friendly environment. The classes are suitable for all levels and **EVERYONE** is welcome.

For more information or to **RESERVE YOUR PLACE** please contact Lara on 0423 343 332 or email lifealignment@inet.net.au

LIFE COACHING THROUGH CREATIVE ART

Every Second Wednesday from 6.00 – 9.00 pm

Cost: \$75.00 per person

Find Yourself and Your Purpose. Discover the Real You

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