



**LetGoDo Personal & Business Development
Seminars, Workshops & Events**



Nude Education

**A Fresh Look at Nudity
As a Means of Freedom and Healing
presented by Guido Nigro
Author of “ Raped by Clothing “
The Nudophobic Society**

Guido Nigro was born in Rome, Italy. He turned nudist at the age of thirteen and this event has impacted deeply in his life and inspired the novel “ Raped by Clothing “

Guido Nigro will be sharing with you his views and research in an exclusive presentation of Nude Education

Discussion Points :- Participants will learn how to distinguish nude from being naked.

Self-esteem – Research indicates that nudists have significant higher body self – acceptance. “ Extraordinarily well – adjusted, happy, and thoughtful. “

Health – Dr.Norman Doidge (author of The Brain That Changes Itself) advise going barefoot as much as possible. Bare feet are today’s prescription. Tomorrow’s elixir will take the next step: Bare Body.

IQ— children of nudists average a full 40 points higher on the Stanford – Binet intelligence scale than the average.

Trauma – Nudity as a tool for liberation and healing from traumatic experiences.

Naturism - is the antithesis of pornography, non – acceptance and repression of nudity fuel pornography. Free yourself from linking nudity only to sex.

Information about studies on the benefit of naturism and other material will be given out.

You will gain psychological and physical benefit from non-sexual nudity and you will learn how true naturism and nudity in the arts can allay fears of pornography and benefit you and your family. You will learn about Classical Conditioning Learning Behavior and start to recognize how you have been conditioned since birth.

By the end of the day your life will be enriched.

FREE INTRODUCTORY SEMINAR—Tue. Mar.22 —6.45pm for 7 pm start to 8.30pm

Full Workshop—Sat. Mar.26— 9.15 am for 9.30 to 12.30pm

Cost:\$75 single—\$ 55 for bookings of 2 or more. (includes, notes, morning tea)

**Bookings/General Enquiries : Tony at Agora Marketing on: 9387 6998
M0418 929 842 - em ~tony@agoramarketing.com.au**

BOOK ON LINE click on www.agoramarketing.com.au (LetGoDo Seminars)

**Venue: Cambridge Conference Centre, Cambridge Forum ,
350 Cambridge St. Wembley.– for map click on
www.cambridgeconferencecentre.com.au
(Free parking via Alexander or Simper St roundabout)**